

**Karen M. Andrews, M.D.
Katherine McCormack, M.D.
Lauren Rosso, P.A.-C
Hallie O'Branovic, NP
303-440-3083**

****VERY IMPORTANT PLEASE READ****

MEDICATIONS TO STOP PRIOR TO ALLERGY TESTING

AS A GENERAL RULE ALL ORAL ALLERGY,
COLD AND SINUS MEDICATIONS NEED TO BE
STOPPED 5 DAYS PRIOR TO SKIN TESTING.

THIS INCLUDES OVER THE COUNTER MEDICATIONS
AND HERBAL SUPPLEMENTS

PLEASE REVIEW LABELS OF ALL YOUR MEDICATIONS AND SUPPLEMENTS. OTHER CLASSES OF MEDICATIONS THAT **MAY INTERFERE** WITH SKIN TESTING INCLUDE:

- ☐ SLEEP MEDICATIONS (IE TYLENOL PM)
- ☐ TRICYCLIC ANTI DEPRESSANTS
- ☐ ANTI ANXIETY MEDICATIONS
- ☐ STOMACH ACID MEDICATIONS
- ☐ PREDNISONE (Appropriate allergy testing for patients requiring prednisone will be determine by the provider.)

IT IS **OKAY TO CONTINUE:**

- ☐ ASTHMA INHALERS
- ☐ ECZEMA CREAM/OINTMENTS
- ☐ PSEUDOEPHEDRINE
- ☐ GUAIFENESIN
- ☐ DEXTROMETHORPHAN
- ☐ NASAL SPRAYS (EXCEPT ASTELIN, PATANASE, ASTEPRO, DYMISTA)
- ☐ ANTIBIOTICS
- ☐ ORAL CONTRACEPTIVES

PLEASE SEE THE REVERSE SIDE OF THIS PAPER FOR A LIST OF SPECIFIC MEDICATIONS.

IF YOU ARE ON AN ALLERGY MEDICATION AND DO NOT SEE IT ON THE LIST PLEASE CALL OUR OFFICE TO BE SURE IT IS OKAY TO CONTINUE TAKING IT.

The following is a list of medications that needs to be stopped before skin testing in order to obtain accurate results. We understand that some of these may be difficult to stop. If you have concerns about stopping any of the following medications please discuss this with your physician's office and let us know.

Medications to STOP 7-14 days prior to Testing

Amitriptyline (Elavil), Clomipramine (Anafranil), Doxepin (Sinequan), Imipramine (Tofranil), Trimipramine (Surmontil), Amoxapine (Asendin), Desipramine (Nupramin), Dymista

Aventyl/Pamelor (Nortriptyline), Vivactil (Protriptyline), Ludiomil (Maprotiline), Remeron (Mirtazapine), Desyrel (Trazodone), Serzone (Nefazodone)
Astepro (Astelin/Azelastine)

Patanase (Olopatadine)

Please consult with your physician before stopping any of these medications if you take them on a regular basis.

Medications to STOP 5-7 days prior to Testing

Advil PM
Allegra (Fexofenadine)
Clarinox (Desloratadine)
Claritin (Loratadine)
OTC Cough/Cold Medication

Periactin (Cyproheptadine)
Quercetin
Tylenol PM
Xyzal
Zyrtec (Cetirizine)

Medications to STOP 3-4 days prior to Testing

Actifed, Dimetapp (Brompheniramine)
Atarax, Vistaril (Hydroxyzine)
Benadryl (Diphenhydramine)
Chlor-Trimeton (Chlorpheniramine)
Dexchlorpheniramine (Polaramine)
Phenergan (Promethazine)

Vitamin C
All allergy eye drops OTC and RX (as tolerated)
Compazine (Prochlorperazine)
Tavist, Antihist (Clemastine) Nettle (herbal medication)

Medications to Stop the day before Testing

Singulair (Montelukast)
Zyflo (Zileuton)
Accolate (Zafirlukast)
Reglan (Metoclopramide)
Prevacid
Zantac (Ranitidine)
Tagamet (Cimetidine)
Pepcid (Famotidine) & Pepcid Complete
Nizatidine (Axid)

Dexilant, Kapidex (Dexlansoprazole)
Protonix (Pantoprazole)
Prilosec (Omeprazole)
Nexium (Esomeprazole)
Aciphex (Rabeprazole)
Zegerid (Omeprazole and Sodium bicarbonate)