

IMW Care Management

As part of our participation in the Comprehensive Primary Care Initiative (CPCI), Internal Medicine West has been able to add a nurse care manager to our staff. The purpose of care management is to provide additional assistance to our patients with temporary or long-term health care needs. The care manager has a variety of roles, including the following:

- Following up with patients after they are discharged from the hospital to answer questions, check for medication issues or conflicts, and to ensure they have proper follow-up appointments scheduled.
- Assist with education and coaching for patients with chronic health conditions such as diabetes, high blood pressure, obesity, etc.
- With the assistance of the office care coordinators, assists patients with coordination of their care or medications with other providers such as specialists, home health, physical therapy, or mental health providers.
- Arrange group visits and/or educational classes for patients with chronic health conditions.
- Link patients with various community resources as appropriate for things such as transportation or education.
- Guide patients who have chosen self-management goals for various conditions, such as smoking cessation, weight loss, asthma, or diabetes management.

Care management is provided under our participation in the CPCI program, so the services and visits with the care manager at this time will not be billed to you or your insurance. Patients are referred for care management by their primary care provider. If you have an issue or feel that you can benefit from a consultation with the care manager, please speak with your provider.