



**BOULDER MEDICAL CENTER, P.C.**

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303-440-3093**

**INSTRUCTIONS FOR PROSTATE BIOPSY**

**\*VERY IMPORTANT – PLEASE READ CAREFULLY!**

**INSTRUCTIONS PRIOR TO YOU'RE BIOPSY APPOINTMENT**

Prior to your prostate biopsy with ultrasound guidance procedure, our office will do a precertification with your primary insurance carrier, if required. You are responsible to get all insurance policies to our staff in a timely manner. Precertification does not guarantee payment. If you change insurances after booking your procedure, call the office 303-440-3093 and notify us, so that an updated precertification can be done.

Please call your customer service phone number on your insurance card to determine what portion of your bill for which you will be responsible. The following procedure codes will help you determine if you will have out of pocket expenses.

Transrectal ultrasound  
of the prostate  
CPT code 76872

Prostate biopsies  
  
CPT code 55700

Ultrasonic needle guidance  
and placement  
CPT code 76942

If you are having a fusion prostate biopsy this will have been specifically discussed with you prior to scheduling. Only under certain circumstances is a fusion prostate biopsy considered.

Please be aware that **cancellation of your appointment must be made at least TWO (2) business days** in advance in order to avoid a cancellation charge of \$250.

If you are on any blood thinners (Coumadin, Warfarin, Plavix or aspirin) WHICH HAVE BEEN PRESCRIBED BY YOUR CARDIOLOGIST OR PCP TO MANAGE A HEART OR BLOOD CLOTTING PROBLEM, please speak with them directly for recommendations on how to manage these medications in preparation for the biopsy.

**OUR MEDICATION REQUIREMENTS are:**

- Start your prescribed oral antibiotic the day prior to biopsy.
- Use fleet enema the night prior to biopsy.
- No Coumadin or warfarin for 5 days prior to biopsy.
- No Plavix for 7 days prior to biopsy.
- No Eliquis for 48 hours prior to biopsy
- You may be required to take a shorter acting anticoagulant such as Lovenox after stopping these medications. Lovenox must not be taken within 24 hours prior to the biopsy.
- All your medications can generally be safely restarted 24 hours after the biopsy. Please inform our office of the plan. The doctor will discuss the plan with you prior to the biopsy.
- If you are on aspirin, Aleve, ibuprofen, Motrin, Naprosyn, Meloxicam, or other anti-inflammatory medications (NOT INCLUDING Tylenol or acetaminophen) or supplements such as Ginkgo, Fish Oil, Turmeric or St. Johns Wort, and are taking these on your own without physician direction, you must stop these 7 days prior to the biopsy. You may restart these 24 hours after the biopsy.

## **Instructions Day Of Procedure**

- You may drive to and from the biopsy.
- You may eat or drink whatever you would like before the biopsy.
- Please bring your insurance card with you. Check in at BMC front desk in our lobby to make any co-pays and verify insurance.
- Proceed to the Urology Department office on the 2<sup>nd</sup> floor
- On the day of your biopsy will get an injection of an antibiotic.
- Biopsy results should be available in 7-10 business days depending on the laboratory.
- Please schedule an office visit to go over your results.

## **Instructions following Prostate Biopsies**

- Drink extra fluids today. No strenuous exercise today.
- You may have blood in your urine for 2-3 days, and on and off for up to a month. Report excessive bleeding.
- You may have rectal bleeding for 2-3 days. Report excessive bleeding.
- You may have blood in your semen when you ejaculate for up to one month.
- Call 303-440-3093 if chills or fever occur within the next week following your biopsy. (a temperature greater than 100.5°).
- If after hours, call the BMC main number (303-440-3000 and or 303-440-3093) and have the answering service page the BMC urology doctor on call.
- In rare instances, you may develop the inability to void/urinate. Call us immediately if this happens. Then proceed to the nearest Emergency room and inform them you just had a prostate biopsy.