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## BOULDER MEDICAL CENTER, P.C.

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Dear Patient,

Attached you will find a new patient questionnaire. Please fill this out with as much information as possible and bring it with you to your appointment. I have found that going through the questionnaire ahead of time often helps to jog people's memories about details of their history. If you have records from a previous neurologist, please contact their office to request that they be faxed to our office, ahead of your appointment. *Fax: (303)440-3209.*

Please also request reports and discs of any pictures you have had of your brain or your spine, such as MRIs and CT scans, especially if they were done recently, or if they were ordered for the specific problem for which I am seeing you. Be aware it may take several weeks for other providers to send us your records.

Please remember to bring your insurance card and ID with you to your appointment. Also, it is important that you either list your medications on the questionnaire, or bring a list of medications, including dosages and when you take the medication, or bring your medication bottles to your appointment.

Please arrive at least **15 minutes before your appointment time** to park and complete the necessary paperwork at the Reception Desk. Your time is valuable to me. Although in medicine there are often emergencies that result in delays in the schedule that are beyond my control, I make every effort to keep your wait time as short as possible. If you are more than 5 minutes late for your appointment, you will be asked to reschedule for another day.

Your new patient paperwork and records will be reviewed at your New Patient appointment **ONLY** but **NOT** before then.

Thank you for your cooperation in this so that we can make the most of your visit. I look forward to meeting you. If you have any further questions please contact my Medical Assistant at 303-440-3134.

*To schedule an appointment, please call 303-440-3134.*

Sincerely,

Paula Mendes, M.D.



BOULDER MEDICAL CENTER, P.C.

Department of Neurology
New Patient Questionnaire

Your new patient paperwork and records will be reviewed at your New Patient appointment ONLY but NOT before then..

Please complete the form below with as much information as possible and bring it with you to your first appointment.

Name: \_\_\_\_\_

Dominate Hand: Right \_\_\_\_\_ Left \_\_\_\_\_

Today's Date: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Name of referring doctor \_\_\_\_\_

Please briefly describe the reason for your appointment

Four horizontal lines for describing the reason for appointment.

Please list the main questions you would like me to answer

Five horizontal lines for listing questions.

Have you been seen by another neurologist in the past? YES\* NO

\*If yes: Name of Doctor: \_\_\_\_\_ Date: \_\_\_\_\_

Have you had any pictures (X-ray, CT, MRI) of your brain or spine, or neurologic testing (EEG, EMG, neuropsych testing)? YES\* NO

\*If yes, please list the type of test, date it was done, and facility where it was performed.

Four horizontal lines for listing test details.

\*Please request that copies of records and test results be sent to our office prior to your appointment. Fax: (303) 440-3209. (It may 10-12 days for records to be received.)

**Medications:**

Please list the medications you are taking, including the dose, and when you take them. Please include over the counter medications and supplements (If you already have a list, you may bring it with you for us to copy)

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**Medical history:**

Have you ever been diagnosed with:			Age/Date at Onset
Alcoholism	YES	NO	_____
Arthritis	YES	NO	_____
Asthma/COPD	YES	NO	_____
Cancer	YES	NO	_____
Dementia/Alzheimer’s	YES	NO	_____
Depression/Anxiety	YES	NO	_____
Diabetes	YES	NO	_____
Fibromyalgia	YES	NO	_____
Heart disease	YES	NO	_____
High Blood Pressure	YES	NO	_____
Kidney Disease	YES	NO	_____
Liver Disease	YES	NO	_____
Multiple Sclerosis	YES	NO	_____
Parkinson’s Disease	YES	NO	_____
Post-traumatic Stress Disorder (PTSD)	YES	NO	_____
Psychiatric illness	YES	NO	_____
Stroke/TIA	YES	NO	_____
Thyroid disease	YES	NO	_____

**Surgical History:** Please list any surgeries you have had:

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**Social history:**

Have you ever smoked? YES\* NO

\*If Yes- How much? \_\_\_\_\_

For how long? \_\_\_\_\_

Do you smoke now (tobacco or marijuana)? YES\* NO

\*If Yes- How much? \_\_\_\_\_

For how long? \_\_\_\_\_

Do you drink alcohol? YES NO

How many drinks per week? \_\_\_\_\_

Do you use any other non-prescription drugs? YES NO

Do you work outside the home? YES NO

What do you do? \_\_\_\_\_

Are you retired? YES NO

What did you previously do? \_\_\_\_\_

Education Level: \_\_\_\_\_

Civil State: Circle One Single Married Divorced Partnered Widowed

Living Situation: Circle all that apply

I live alone

I live with Friends

I live with Family

I live independently

I live in assisted living

I live in a nursing home

**Family history:**

Has anyone in your family (parents, siblings, and children) been diagnosed with:

Aneurysm YES NO

Dementia/Alzheimer's YES NO

Diabetes YES NO

Multiple Sclerosis YES NO

Muscle/Nerve Disorder YES NO

Parkinson's Disease YES NO

Seizures YES NO

Stroke YES NO

Other Neurologic conditions \*YES NO

\* If yes please explain:



Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Please Print

Why are you seeing the Provider today? \_\_\_\_\_

<u>Tobacco Status and Usage</u>	Quantity / Frequency	<u>Alcohol Usage</u>	Quantity / Frequency	<u>Caffeine Usage</u>	Quantity / Frequency
<input type="radio"/> Current every day smoker		<input type="radio"/> Yes		<input type="radio"/> Yes	
<input type="radio"/> Current some day smoker		<input type="radio"/> Never	NA	<input type="radio"/> No	NA
<input type="radio"/> Former smoker	NA	<input type="radio"/> Former		<u>Exercise</u>	Frequency
<input type="radio"/> Never smoked	NA			<input type="radio"/> Yes	
				<input type="radio"/> No	NA

**Please mark with an "X" any symptoms you are currently experiencing**

**Constitutional**

- \_\_\_\_\_ Fatigue
- \_\_\_\_\_ Fever
- \_\_\_\_\_ Night Sweats
- \_\_\_\_\_ Weight Gain
- \_\_\_\_\_ Weight Loss

**HEENT**

- \_\_\_\_\_ Ear Pain
- \_\_\_\_\_ Hearing Loss
- \_\_\_\_\_ Sinus Pressure/Problems
- \_\_\_\_\_ Visual Changes
- \_\_\_\_\_ Ringing in the ears
- \_\_\_\_\_ Double Vision (Diplopia)\*
- \_\_\_\_\_ Facial Pain\*
- \_\_\_\_\_ Snoring\*
- \_\_\_\_\_ Pain with chewing\*
- \_\_\_\_\_ Excessive sleepiness\*

**Respiratory**

- \_\_\_\_\_ Cough
- \_\_\_\_\_ Shortness of breath
- \_\_\_\_\_ Wheezing
- \_\_\_\_\_ Regurgitation

**Cardiovascular**

- \_\_\_\_\_ Chest pain
- \_\_\_\_\_ Swelling in legs or arms (edema)
- \_\_\_\_\_ Palpitations
- \_\_\_\_\_ Hypertension

**Gastrointestinal**

- \_\_\_\_\_ Blood in stools
- \_\_\_\_\_ Constipation
- \_\_\_\_\_ Diarrhea
- \_\_\_\_\_ Heartburn
- \_\_\_\_\_ Vomiting
- \_\_\_\_\_ Ulcers
- \_\_\_\_\_ Difficulty swallowing (Dysphagia)\*

**Genitourinary**

- \_\_\_\_\_ Blood in the urine (Hematuria)
  - \_\_\_\_\_ Frequent urination
  - \_\_\_\_\_ Difficulty in urination
- Reproductive**
- \_\_\_\_\_ Menstrual disorders
  - \_\_\_\_\_ Prostate problems

**Integumentary**

- \_\_\_\_\_ Rash

**Neurological**

- \_\_\_\_\_ Dizziness
- \_\_\_\_\_ Extremity numbness
- \_\_\_\_\_ Extremity weakness
- \_\_\_\_\_ Balance problems
- \_\_\_\_\_ Headaches
- \_\_\_\_\_ Seizures
- \_\_\_\_\_ Head injury
- \_\_\_\_\_ Strokes\*

**Psychiatric**

- \_\_\_\_\_ Anxiety
- \_\_\_\_\_ Depression
- \_\_\_\_\_ Insomnia

**Metabolic / Endocrine**

- \_\_\_\_\_ Cold Intolerance
- \_\_\_\_\_ Heat intolerance
- \_\_\_\_\_ Diabetes
- \_\_\_\_\_ Thyroid imbalance\*

**Musculoskeletal**

- \_\_\_\_\_ Joint pain
- \_\_\_\_\_ Joint swelling
- \_\_\_\_\_ Neck pain
- \_\_\_\_\_ Muscle pain

**Hematologic/Lymphatic**

- \_\_\_\_\_ Easy bleeding
- \_\_\_\_\_ Easy bruising
- \_\_\_\_\_ Lumps in the neck

**Immunologic**

- \_\_\_\_\_ HIV infection of AIDS



**BOULDER MEDICAL CENTER, P.C. - PROTECTED HEALTH INFORMATION MANAGEMENT FORM**

**PLEASE PRINT**

Patient Name: \_\_\_\_\_ Medical Record # \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Date of Request: \_\_\_\_\_

As allowed by Privacy Regulations, I wish for this office to record the following changes regarding my Protected Health Information. This request remains current until a new written request is submitted.

Access to Medical Records

The following individuals may have access to this medical record (listed above) and may speak on my behalf:

Name	DOB	Relationship	Phone #

Other Instructions \_\_\_\_\_

Denial of access to Medical Records

The following individuals are denied access to this medical record (listed above) and may not speak on my behalf:

Name	DOB	Relationship	Phone #

Other Instructions \_\_\_\_\_

The Boulder Medical Center has the right to deny any of these requests. If that is determined to be necessary, an authorized representative will notify you in writing within 30 days of this request.

\_\_\_\_\_  
Signature of Patient or Authorized Patient Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of staff verifying the above information is correct and legible

Original of this form must be submitted to Release of Records at Broadway within 3 business days of request.  
Release of Records will update your medical records within 7 business days of request.  
This form will be scanned into your Medical Record and then will be destroyed.