



Karen M. Andrews, M.D.
Katherine McCormack, M.D.
Madeline Hoglund, N.P.
303-440-3083

****VERY IMPORTANT PLEASE READ****

MEDICATIONS TO STOP PRIOR TO ALLERGY TESTING

AS A GENERAL RULE ALL ORAL ALLERGY,
COLD AND SINUS MEDICATIONS NEED TO BE
STOPPED 5 DAYS PRIOR TO SKIN TESTING.

THIS INCLUDES OVER THE COUNTER MEDICATIONS
AND HERBAL SUPPLEMENTS

OTHER CLASSES OF MEDICATIONS THAT **MAY INTERFERE** WITH SKIN TESTING
INCLUDE:

- SLEEP MEDICATIONS (IE TYLENOL PM)
- TRICYCLIC ANTI DEPRESSANTS
- ANTI ANXIETY MEDICATIONS
- STOMACH ACID MEDICATIONS
- PREDNISONE (chronic use)

Chronic use = >10mg/day for more than 2 weeks.

If used chronically – off 2 weeks prior to testing. Ask your MD how to taper off.

If not chronic use – no need to go off of it.

IT IS **OKAY TO CONTINUE:**

- ASTHMA INHALERS
- PSEUDOEPHEDRINE
- GUAIFENESIN
- DEXTROMETHORPHAN
- NASAL SPRAYS (EXCEPT ASTELIN, PATANASE, ASTEPRO, DYMISTA)
- ANTIBIOTICS
- ORAL CONTRACEPTIVES

PLEASE SEE THE REVERSE SIDE OF THIS PAPER FOR A LIST OF SPECIFIC MEDICATIONS.

IF YOU ARE ON AN ALLERGY MEDICATION AND DO NOT SEE IT ON THE LIST PLEASE
CALL OUR OFFICE TO BE SURE IT IS OKAY TO CONTINUE TAKING IT.

Karen M. Andrews, M.D.
Katherine McCormack, M.D.
Madeline Hoglund, N.P.
303-440-3083

The following is a list of medications that needs to be stopped before skin testing in order to obtain accurate results. We understand that some of these may be difficult to stop. If you have concerns about stopping any of the following medications please discuss this with your physician's office and let us know.

Medications to STOP 7-14 days prior to Testing

Amitriptyline (Elavil)	Nortriptyline (Pamelor, Aventyl)
Clomipramine (Anafranil)	Protriptyline (Vivactil)
Doxepin (Sinequan)	Maprotiline (Ludiomil)
Imipramine (Tofranil)	Mirtazapine (Remeron)
Trimipramine (Surmontil)	Trazadone (Desyrel)
Amoxapine (Asendin)	Nefazadone (Serzone)
Desipramine (Nupramin)	Astelin (Azelastin)/Astepro
Dymista	Patanase (Olopatidine)

*Please consult with your physician before stopping any of these medications if you take them on a regular basis.

Medications to STOP 5-7 days prior to Testing

Claritin (Loratidine)
Allegra (Fexofenadine)
Clarinex (Desloratidine)
Periactin (Cyproheptadine)
Quercetin

Medications to STOP 3-4 days prior to Testing

Actifed, Dimetapp (Brompheniramine)	All allergy eye drops OTC and RX (as tolerated)
Atarax, Vistaril (Hydroxyzine)	Zyrtec (Cetirazine)
Benadryl (Diphenhydramine)	Compazine (Prochlorperazine)
Chlortrimetron (Chlorpheniramine)	Xyzal (Levocetirazine)
Dexchlorphenamine (Polaramine)	Tylenol PM
Phenergan (Promethazine)	Advil PM
Vitamin C	Tavist, Antihist (Clemastine)
	Nettle (herbal medication)

Medications to Stop the day before Testing

Singulair (Montelukast)	Dexilant (dexlansoprazole))
Zyflo (Zileuton)	Protonix
Accolate (Zafirlukast)	Prilosec (Omeprazole)
Reglan (Metoclopramide)	Nexium
Prevacid	Omeprazole
Ranitidine (Zantac)	Kapidex
Cimetidine (Tagamet)	Aciphex
Famotidine (Pepcid) & Pepcid Complete	Zegerid
Nizatidine (Axid)	